



## TAPAWINGO AND NEW YORK STATE CAMPER HEALTH REQUIREMENTS

- Tapawingo Health Form **(to be completed by a Licensed Provider)** submitted annually – by May 1. If we do not receive this information in a timely fashion we reserve the right to move to our waitlist, with no refund of deposit.
- Immunization record complete OR complete Legal Exemption to Immunization Law (to be completed by parent using your on-line account).
- Medical Form (to be completed by parent using your on-line account)
- Meningococcal Meningitis Vaccination Response Form submitted annually (to be completed by parent using your on-line account)
- Copy of insurance card

### It's the Law

Parents: Please retain a copy of your daughter's Health Form for your records.

Additional information on the back of this sheet.

The following are NY State immunization requirements. Please take these requirements to your daughter's Medical Provider when going for her physical.

**NY STATE IMMUNIZATION REQUIREMENTS – CHILDREN'S CAMPS**

Diphtheria, Tetanus, Pertussis (DTap)	3 doses
Polio	3 doses
Measles, Mumps, Rubella (MMR)	2 doses
Hepatitis B (HBV)	3 doses
Varicella (chickenpox)	1 dose – if born on or after 1/1/1998

- In some instances doctor-verified disease histories (for mumps and measles, chickenpox) or blood tests, which show immunity, are acceptable as evidence of immunity.
- A written statement from a physician that one or more of the required immunizations may be detrimental to the person's health.
- A written, signed statement of conscientious objection from the camper's parent or guardian. This form is provided in your on-line account.

**SPECIAL DIETARY PLANS:** If your daughter has **medical dietary restrictions** or is a **vegetarian**, this MUST be noted on the health form. Please note: it is your responsibility to e-mail the director for our menu in May and to bring food items to supplement her diet. This would include food she can eat on the trail. We run a rigorous program and it is vital that our campers receive proper nutrition!

**MEDICATION INFORMATION:** Before our nurse can give your daughter ANY medication, the Medication Administration section of the annual Health and Exam form must be completed, signed by your daughter's Medical Provider and on file in the Tapawingo Infirmary. Note: this includes prescription as well as over the counter medication. Please remember to have this form completed and returned to the Tapawingo Infirmary BY **MAY 1!**

- **ALL prescription medications** must be properly labeled in original containers – i.e. with camper name, medication name, dosage, frequency and prescribing provider.
- **All medications** must be turned in to the Tapawingo Health Director **PRIOR** to boarding the boat for the island!\* **Please, make sure to remove any topical creams or medications from your camper's luggage before placing luggage at loading dock! This is for the protection of your daughter and other campers!**  
**\*However, Epi-Pens and Rescue Inhalers should be kept with the camper at all times!**
- **All vitamins** for your camper, unless prescribed by a physician, should be left at home.
- Tapawingo's Infirmary has a supply of Over-the-Counter Medications. **Please DO NOT send Over-the-Counter Medications with your camper!**

Please contact Tapawingo if you have any questions!