



IMPORTANT

CLOTHING

Short-sleeved shirts Bible Long-sleeved tops Journal/notebook and pens Twin XL fitted sheet Wool/Fleece sweater Pillow and pillow case Jeans Shorts Sleeping bag Athletic attire Epi-pen (if allergic) **Prescription Medications*** Pajamas Long underwear Nalgene One dressier outfit **TOILETRIES / SUPPLIES** Swimsuit - one piece/tankini Towel/Washcloth Wool or fleece socks Toiletries Hiking boots (recommended) Toothbrush Sneakers / tennis shoes Toothpaste Sandals Deodorant Rain jacket or poncho Soap/Shampoo/Conditioner Theme items (optional) **Feminine Products MISCELLANEOUS** Shower shoes (flip flops) Flashlight Bug spray Stationary + postage (optional) Sunscreen Camera/Guitar (optional) Face wash Kleenex (optional) Glasses/contacts

Snacks for in cabin (optional)

Addresses for letters (optional)

Hairbrush/hair ties/scrunchies

Sunglasses



PLEASE REFRAIN FROM BRINGING:

IPods, MP3 players, electronics, cell phones, smart watches, trading cards, weapons, ghost stories, witchcraft books or other books promoting cults, magazines, and internet access equipment are not allowed.

If brought, we will keep them in our lockbox for the week.

We want to let you know that we desire for each Tapawingo staff member and camper to dress modestly and appropriately for camp activities. While modesty is a posture of the heart, we ask for the following guidelines to be followed. When packing, please keep this in mind. We ask that you do NOT bring tops that show cleavage, shirts that show midriffs, or shorts shorter than your knuckles. Thank you!

PERSONAL MEDICATIONS*

Must come in the original container and must have a Doctor's note of approval (even for Tylenol, acne creams, etc.!) due to New York State Department of Health requirements. All medication must be handed over to the Tapawingo Health Director upon arrival at registration, and all Doctor's notes must be submitted along with health forms. Please email us if you have any questions about this.

Please do NOT pack personal medications in your camper's luggage, but keep it readily available during registration.